September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day 2:00 Movie [S] 6:00 Movie [S]	9:30 Chair Yoga [GP] 2 1:00 GRIP GAME [FF] 2:00 Beach Boys Live in Concert 50th Anniversary [S] 6:00 Movie [S]	10:30 Medicare Continuum Education: Hospice of the Midwest Minnesota [GP] 1:00 Fox Therapy Exercise Class [GP] 2:00 Jeopardy [TH] 6:00 Movie [S]	9:00 Podiatry Clinic [FF] 10:30 Rosary [CH] 11:00 Catholic Mass [CH] 2:00 Natures Calling Workshop [TH] 6:00 Movie	9:30 Chair Yoga [GP] 1:00 Really Big Show [TH] 2:00 Bingo [TH] 6:00 Movie [S]	Weekend Activity Packets [L] 1:00 Book Club [L] 2:00 Movie [S] 6:00 Movie [S]
Sports Dress Day! 7 Assisted Living Week starts Walking Club 1:00 Celebrate Grandparents Day! Come on in for a Root beer float. [GP] 2:00 Movie [S] 6:00 Movie [S]	Assisted Living Week 8 Continues Back to the 50's Dress Day Bake Sale fundraiser for Alzheimer's Disease 10 a.m. to 4 p.m. 9:30 Chair Yoga [GP] 1:00 Group Crossword [TH] 2:00 Resident Council [TH] 3:00 Apple Pie in a Cup [GP] 6:00 Movie [S]	Happy Birthday Anita 9 B. Assisted Living Week Continues Going to the Beach Dress Day Bake Sale Fundraiser for Alzheimer's Disease 10 a.m. to 4 p.m. 7:45 Veteran's Breakfast [DR] 9:30 Chair Yoga [GP] 1:00 Sip and Paint [TH] 2:00 Protestant Communion [C] 3:00 Toss a Pie in the face of the manager with a donation to the Alzheimer's Assoc. [PT] 6:00 Movie [S]	Assisted Living Week 10 Continues Dressing for the Fall Bake Sale Fundraiser for Alzheimer's Disease 10 a.m. to 4 p.m. 10:00 Natures Calling Chalk Art [TH] 1:00 Fox Therapy Exercise Class [GP] 2:00 Birthday Party [DR] 4:00 Meet the Author [GP] 6:00 Movie [S]	Assisted Living Week Continues Red, White and Blue Dress Day Bake Sale Fundraiser for Alzheimer's Disease 10 a.m. to 4 p.m. 9:30 Chair Yoga [GP] 10:30 Rosary [C] 11:00 Catholic Communion [CH] 1:30 A Moment of Silence: 9/11 Remembrance [FF] 2:00 Happy Hour [FF] 6:00 Movie [S]	Assistant Living Week Continues Funky Sock Dress Day Finish the Phrase work sheets [L] Bake Sale Fundraiser For Alzheimer's Disease ends today 10:00 a.m. to 4:00 p.m. 9:30 Chair Yoga [GP] 10:30 Nail Magic [TH] 1:00 Name That Tune [TH] 2:00 Bingo [TH] 6:00 Movie [S]	Happy Birthday Robert G. Assisted Living Week Ends Lifespark Pride Dress Day Weekend Activity Packets [L] 1:00 Book Club [L] 1:30 Apple Cider and Cookies [GP] 2:00 Movie [S] 6:00 Movie [S]
Walking Club 2:00 Movie [S] 6:00 Movie [S]	Last Day to Sign up for the 9/17 outing. See the Activities Director. 9:30 Chair Yoga [GP] 1:30 Hymn Sing [TH] 2:00 Bible Study [TH] 6:00 Movie [S]	9:30 Chair Yoga [GP] 1:00 GRIP GAME [FF] 2:00 Virtual TravelUnseen Wonders: Hidden Places [S] 6:00 Movie [S]	9:00 Natures Calling Outing To Silverwood Park, bring \$ if you want a snack form the cafe [0] 1:00 Fox Therapy Exercise Class [GP] 2:00 Chef Chat [GP] 6:00 Movie [S]	Last Day to sign up for the 9/22 shopping trip. See the Activities Director for details 9:30 Chair Yoga [GP] 10:30 Rosary [C] 11:00 C Communion [C] 11:30 BBQ Lunch [DR] 2:00 Group Crossword [TH] 6:00 Movie [S]	9:30 Chair Yoga [GP] 1:00 Fox Talks [GP] 2:00 Bingo [TH] 6:00 Movie [S]	Weekend Activity Packets [L] 1:00 Book Club [L] 2:00 Movie [S] 6:00 Movie [S]

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Walking Club 2:00 Movie [S] 6:00 Movie [S]	Happy Birthday Joan L. Happy Birthday Pat D. 9:00 Shopping Trip Outing To Walmart [GP] 2:00 Tea Time [DR] 6:00 Movie [S]	9:30 Chair Yoga [GP] 1:00 GRIP GAME [FF] 2:00 Town Hall [GP] 6:00 Movie [S]	Natures Calling Alzheimer's Walk Fundraiser. In the building and outside weather permitting. [TH] 1:00 Fox Therapy Exercise Class [GP] 2:00 Chef Demo [GP] 6:00 Movie [S]	9:30 Chair Yoga [GP] 25 10:30 Rosary [C] 11:00 C Communion [C] 2:00 Washer Toss [TH] 6:00 Movie [S]	9:30 Chair Yoga [GP] 2:00 Bingo [TH] 6:00 Movie [S]	Weekend Activity Packets [L] 1:00 Book Club [L] 2:00 Movie [S] 6:00 Movie [S]
Walking Club 2:00 Movie [S] 6:00 Movie [S]	9:30 Chair Yoga [GP] 1:30 Hymn Sing [TH] 2:30 Bible Study [TH] 6:00 Movie [S]	9:30 Chair Yoga [GP] 1:00 GRIP GAME [FF] 2:00 Group Crossword [TH] 6:00 Movie [S]	VALORA SENIOR LIVING OF ST. ANTHONY Schedule is subject to change.	C Chapel CH Chapel DR Dining Room FF First Floor Family area GP Grand Parlor L Library O Outing PT Patio S Silverlake T TH TH TH	Happy Birthday to 9/13 Robert G 9/22 Joan (Jo-Ann) L 9/22 Patricia "Pat" D	