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## Your Lifespark Chaplain

# Peregrine Morkal-Williams

Spirituality is about our beliefs, our values, and the places where we find meaning and purpose. As the chaplain in your senior living community, I have the privilege of learning more about spirituality from each resident, family, and staff member I meet. I am here as a companion to facilitate and support your unique spiritual expression and practices.

My role here is to foster spiritual health, which might include conversation groups, worship experiences, one-on-one visits, special gatherings, and more. If you'd like a visit, please reach out to me by email, leave me a message at the front desk, or let any of our staff know that you'd like to see the chaplain.

I am here to support your spiritual goals, assist you with spiritual needs, and accompany you in this part of your life's journey. I look forward to connecting with you!

Lifespark chaplains offer Spiritual Health signature services to the residents, families, and staff of Lifespark Senior Living communities, including:

**Counseling and Visitation** — We provide one-on-one counseling and visitation for those seeking emotional, spiritual, or bereavement support.

**Spiritual Groups and Programs** — We facilitate religious gatherings, spiritual well-being programs, and learning opportunities for residents, staff, and families.

**Coordination with Local Spiritual and Religious Leaders** — We coordinate with local faith leaders and communities to support individual religious or spiritual preferences as needed.

**End-of-Life Support** — We offer end-of-life connection for individuals in the final stages of life and their community of residents, family members, and staff.



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