


March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All activities are subject to change at a moments notice. Thank you for understanding.</p> <p>1</p> <p>8:00 1:1 visits [AF]</p> <p>9:00 Walk & Roll Club [AF]</p> <p>9:30 Exercise Group [V]</p> <p>10:30 Workshop [TH]</p> <p>2:00 Ladderball [TH]</p> <p>3:30 Exercise Group [V]</p> <p>6:00 Movie [SL]</p>	<p>Purim</p> <p>2</p> <p>Start Guess how much the Blarney Stone weighs [L]</p> <p>8:00 1:1 visits [AF]</p> <p>9:30 Chair Yoga/Grip Strength [V]</p> <p>10:15 Coffee and Conversation with the Chaplain [TH]</p> <p>2:00 Residents Council [TH]</p> <p>6:00 Movie [SL]</p>	<p>3</p> <p>8:00 1:1 visits [AF]</p> <p>9:30 Chair Yoga/Grip Strength [V]</p> <p>10:30 Jeopardy [TH]</p> <p>12:45 Tryathlon Whizzer Day (Walking) [V]</p> <p>3:30 Exercise Group [V]</p> <p>6:00 Movie [SL]</p>	<p>4</p> <p>8:00 1:1 visits [AF]</p> <p>9:15 Shopping Trip to Walmart [OUT]</p> <p>10:00 Lifespark Event. Step into the Woods of Wonder. Making affirmation leaves for our Tree Collage. [TH]</p> <p>12:30 Fox Therapy Exercise Class [V]</p> <p>2:30 Bean Bag Challenge [TH]</p> <p>3:30 Exercise Group [V]</p> <p>6:00 Movie [SL]</p>	<p>5</p> <p>8:00 1:1 visits [AF]</p> <p>9:30 Chair Yoga/Grip Strength [V]</p> <p>10:30 Rosary [C]</p> <p>11:00 Catholic Mass [C]</p> <p>12:45 Tryathlon Crank Day (arms 20 minutes/legs 20 minutes) [TH]</p> <p>2:00 Lifelong Learning Event: Art and History. A journey throughout the Civil War. [TH]</p> <p>3:30 Exercise Group [V]</p> <p>6:00 Movie [SL]</p>	<p>Dress in Blue Day</p> <p>6</p> <p>8:00 1:1 visits [AF]</p> <p>9:30 Chair Yoga/Grip Strength [V]</p> <p>12:45 Really Big Show [TH]</p> <p>2:00 Bingo [TH]</p> <p>6:00 Movie [SL]</p>	<p>7</p> <p>12:00 Weekend Activity Packets [L]</p> <p>8:00 1:1 visits [AF]</p> <p>1:30 Virtual Concert: Glen Campbell concert at the Royal Festival Hall 1977 [SL]</p> <p>6:00 Movie [SL]</p>
<p>Daylight Savings Day...Spring Forward</p> <p>8</p> <p>8:00 1:1 visits [AF]</p> <p>9:00 Walk & Roll Club [AF]</p> <p>2:00 Movie [SL]</p> <p>6:00 Movie [SL]</p>	<p>9</p> <p>8:00 1:1 visits [AF]</p> <p>9:30 Chair Yoga/Grip Strength [V]</p> <p>1:30 Hymn Sing with the Chaplain [C]</p> <p>2:00 Bible Study with the Chaplain [C]</p> <p>6:00 Movie [SL]</p>	<p>10</p> <p>8:00 1:1 visits [AF]</p> <p>9:30 Chair Yoga/Grip Strength [TH]</p> <p>10:30 Ladderball [TH]</p> <p>2:00 Protestant Communion [C]</p> <p>2:30 Table Top Bowling [TH]</p> <p>3:30 Exercise Group [V]</p> <p>6:00 Movie [SL]</p>	<p>11</p> <p>8:00 1:1 visits [AF]</p> <p>9:30 Chair Yoga [V]</p> <p>10:30 Volley Ball [V]</p> <p>12:30 Fox Therapy Exercise Class [V]</p> <p>1:00 Step into the Woods of Wonder. Outing to Yellow Bird "In the Banana Tree?" \$20.00 for treats. [OUT]</p> <p>6:00 Movie [SL]</p>	<p>12</p> <p>8:00 1:1 visits [AF]</p> <p>9:30 Chair Yoga/Grip Strength [V]</p> <p>10:30 Rosary [C]</p> <p>11:00 Catholic Communion [C]</p> <p>2:00 Volley Ball [V]</p> <p>3:30 Exercise Group [V]</p> <p>6:00 Movie [SL]</p>	<p>Flannel Friday</p> <p>13</p> <p>End Guess how much the Blarney Stone weighs [L]</p> <p>8:00 1:1 visits [AF]</p> <p>9:30 Chair Yoga/Grip Strength [V]</p> <p>2:00 Bingo [TH]</p> <p>6:00 Movie [SL]</p>	<p>14</p> <p>12:00 Weekend Activity Packets [L]</p> <p>8:00 1:1 visits [AF]</p> <p>9:30 Exercise Group [V]</p> <p>10:30 Workshop [TH]</p> <p>1:00 Book Club [LIB]</p> <p>1:30 Family Council [V]</p> <p>2:00 Washer Toss [TH]</p> <p>3:30 Exercise Group [V]</p> <p>6:00 Movie [SL]</p>
<p>8:00 1:1 visits [AF]</p> <p>9:00 Walk & Roll Club [AF]</p> <p>9:30 Exercise Group [TH]</p> <p>10:30 Workshop [TH]</p> <p>2:00 Ladderball [TH]</p> <p>3:30 Exercise Group [V]</p> <p>6:00 Movie [SL]</p> <p>15</p>	<p>Happy Birthday Dave B. St. Urho's Day</p> <p>16</p> <p>8:00 1:1 visits [AF]</p> <p>9:30 Chair Yoga/Grip Strength [V]</p> <p>10:15 Grief Group [V]</p> <p>1:30 Virtual Travel: Wonders of Plant Top 50 most breathtaking destinations on Earth [SL]</p> <p>6:00 Movie [SL]</p>	<p>Happy St. Patrick's Day wear green!</p> <p>17</p> <p>8:00 1:1 visits [AF]</p> <p>9:30 Chair Yoga/Grip Strength [V]</p> <p>10:30 Group Crossword [TH]</p> <p>2:00 St. Patrick's Day event. Also celebrating March birthdays and Happy Hour Too! [D]</p> <p>3:30 Exercise Group [V]</p> <p>6:00 Movie [SL]</p>	<p>8:00 1:1 visits [AF]</p> <p>10:00 Lifespark Event: Step into the Woods of Wonder. Assembling our Tree Collage. [TH]</p> <p>12:30 Fox Therapy Exercise Class [V]</p> <p>1:00 Jeopardy [TH]</p> <p>2:00 Chef Chat [TH]</p> <p>3:30 Exercise Group [V]</p> <p>6:00 Movie [SL]</p> <p>18</p>	<p>8:00 1:1 visits [AF]</p> <p>9:30 Chair Yoga/Grip Strength [V]</p> <p>10:30 Rosary [C]</p> <p>11:00 Catholic Communion [C]</p> <p>2:00 Table Top Bowling [TH]</p> <p>3:30 Exercise Group [V]</p> <p>6:00 Movie [SL]</p> <p>19</p>	<p>End of Ramadan ***In accordance to the sighting of the moon</p> <p>Flannel Friday</p> <p>First Day of Spring...Vernal Equinox</p> <p>8:00 1:1 visits [AF]</p> <p>9:30 Chair Yoga/Grip Strength [V]</p> <p>2:00 Bingo [TH]</p> <p>6:00 Movie [SL]</p> <p>20</p>	<p>12:00 Weekend Activity Packets [L]</p> <p>8:00 1:1 visits [AF]</p> <p>2:00 Virtual concert: Billy Joel—Live in Union Dale 1982 [SL]</p> <p>6:00 Movie [SL]</p> <p>21</p>
<p>Happy Birthday Vickie V.</p> <p>22</p> <p>8:00 1:1 visits [AF]</p> <p>9:00 Walk & Roll Club [AF]</p> <p>2:00 Movie [SL]</p> <p>6:00 Movie [SL]</p>	<p>8:00 1:1 visits [AF]</p> <p>9:30 Chair Yoga/Grip Strength [V]</p> <p>1:30 Virtual Concert: Dianna Ross with the Royal Philharmonic concert orchestra 2025 [SL]</p> <p>6:00 Movie [SL]</p> <p>23</p>	<p>8:00 1:1 visits [AF]</p> <p>9:30 Chair Yoga/Grip Strength [V]</p> <p>10:30 Ladderball [TH]</p> <p>2:00 Protestant Communion [C]</p> <p>2:30 Town Hall [TH]</p> <p>3:30 Exercise Group [V]</p> <p>6:00 Movie [SL]</p> <p>24</p>	<p>8:00 1:1 visits [AF]</p> <p>10:00 Lifespark Event: Step into the Woods of Wonder. Virtual walk through the woods. [TH]</p> <p>12:30 Fox Therapy Exercise Class [V]</p> <p>1:00 Bean Bag Challenge [TH]</p> <p>2:00 Chef Demo [F]</p> <p>3:30 Exercise Group to follow Chef Demo [F]</p> <p>6:00 Movie [SL]</p> <p>25</p>	<p>8:00 1:1 visits [AF]</p> <p>9:00 Podiatry Clinic [F]</p> <p>9:30 Exercise Group [V]</p> <p>10:30 Rosary [C]</p> <p>11:00 Catholic Communion [C]</p> <p>2:00 Chair Zumba [V]</p> <p>3:30 Exercise Group [V]</p> <p>6:00 Movie [SL]</p> <p>26</p>	<p>Flannel Friday</p> <p>27</p> <p>8:00 1:1 visits [AF]</p> <p>9:30 Chair Yoga/Grip Strength [V]</p> <p>2:00 Bingo [TH]</p> <p>6:00 Movie [SL]</p>	<p>12:00 Weekend Activity Packets [L]</p> <p>8:00 1:1 visits [AF]</p> <p>9:30 Exercise Group [V]</p> <p>10:30 Workshop [TH]</p> <p>1:00 Book Club [LIB]</p> <p>2:00 Washer Toss [TH]</p> <p>3:30 Exercise Group [V]</p> <p>6:00 Movie [SL]</p> <p>28</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Palm Sunday 29 8:00 1:1 visits [AF] 9:00 Walk & Roll Club [AF] 9:30 Exercise Group [V] 10:30 Workshop [TH] 2:00 Ladderball [TH] 3:30 Exercise Group [V] 6:00 Movie [SL]	Happy Birthday Jeanne P. 30 8:00 1:1 visits [AF] 9:30 Chair Yoga/Grip Strength [V] 1:30 Hymn Sing with the Chaplain [C] 2:00 Bible Study with the Chaplain [C] 6:00 Movie [SL]	31 8:00 1:1 visits [AF] 9:30 Chair Yoga/Grip Strength [V] 10:30 Washer Toss [TH] 1:30 Group Crossword [TH] 2:00 Tea Time [F] 3:30 Exercise Group [V] 6:00 Movie [SL]	 <p>Schedule is subject to change.</p>	AF All Floors C Chapel D Dining Room F First Floor Family area L Lobby LIB Library OUT Outing SL Silverlake Room TH Town Hall V Village Room	Happy Birthday to 3/16 David "Dave" B 3/22 Vickie V 3/30 Jeanne P	